

# Gabe's Kitchen and Tavern

# Lunch

Lunch Served Weekdays 11am-4pm Saturdays 2pm-4pm

## **APPETIZERS**

- V ELLSWORTH CHEESE CURDS 10 Spicy Ranch
- ▼ STRAWBERRY GOAT WHIP 14
  Fresh Strawberry, Goat Cheese, Baked Crisp
- \*\*\* BACON WRAPPED POBLANOS 13
  Cold-Smoked Bacon, Cream Cheese, Sausage

FRIED PICKLE ROLLUPS 11

Ham, Cream Cheese, Tortilla, Pickle, Spicy Ranch

**®** BONELESS WINGS 13

Deep Fried and shaken in Mild, Hot, Sweet N Sassy BBQ, Garlic Parm, Teriyaki, or Smoked BBQ, with Celery, Ranch

TWOSIX CRABCAKES 15

Lump Crab, Peppers, Rice Crispy, Sweet Corn Sauce

- \* SMASH BURGER SLIDERS 13 3 SMASH Burger Sliders, Queso, Pickle, Caramelized Onions, King's Hawaiian Rolls,
- **ULTIMATE NACHOS 18**Beer Can Chicken and Braised Brisket, Queso, Pico de Gallo, Lettuce, Jalapeño, Cheddar, Sour Cream

## N/A DRINKS

FOUNTAIN SODA - 3.5

Unlimited Refills - Coke, Diet Coke, Sprite, Sprite Zero, Mr. Pibb, Mello Yellow, Lemonade, Flavored Hi-C, Iced Tea

FLAVORED LEMONADES - 4.5

Strawberry, Blueberry, Blackberry, Peach, Raspberry, Pomegranate

**SPRECHER ROOT BEER - 4.5** Milwaukee, WI

MILK - 4

2% and Chocolate 2%

JUICES - 4

Orange, Pineapple, Cranberry, Apple, Grapefruit

K-CUP COFFEE - 4

Caramel, French Vanilla, Hazelnut, Decaf

### SALADS

PICK YOUR PROTEIN

Beer Can Chicken 6

The Braised Brisket 8

Grilled Blackened Shrimp 9

Talenta Salmon 9

Fresh Strawberry, Fresh Blueberry, Goat Cheese, Snap Pea, Pistachio, Sweet Onion Vinaigrette

**♥♥** GRILLED CAESAR 8

🛈 Grilled Romaine, Crouton, Parm, Caesar

PICKLED RED ONION & BEET 9

V Pickled Red Onion, Pickled Beet, Cajun Tortilla,

Pickled Red Onion, Pickled Beet, Cajun Tortilla, Goat Cheese, Raspberry Chipotle Vinaigrette

**™** WATERMELON AND CUCUMBER 8

Chunk Watermelon, Cucumber Strip, Goat Cheese, Tajin Crouton, Creamy Tzatziki Dressing

CRUNCHY MANDARIN 9

Wandarin Orange Wasahi Pea Si

Mandarin Orange, Wasabi Pea, Shredded Carrot, Fried Ramen, Creamy Cashew Dressing

NAPPY NOW 3-6 PM Tues-Fri

SIDES

YUKON MASHED

**↑↑ ♦ ↑ (V) GRILLED ASPARAGUS** 

**BACON CREAMED CORN** 

**BACON ASPARAGUS RISOTTO** 

TOTTAGE CHEESE

**♦**♥♥ FRESH FRUIT

WHITE WINE AND ONION RISOTTO

FRIED BRUSSELS

### **DIETARY RESTRICTION INFO**

Gabe's Wisconsin Kitchen and Tavern, is basically a scratch kitchen. With slight modifications to an item, we can accommodate most diets or restrictions. Our denotations signify that these items are **friendly** to a gluten free, keto, vegetarian (not vegan) or non-dairy diet with a few modifications, without compromising the integrity of the dish. **If your require these modifications**, **please inform your server or bartender**.

(I) Vagatarian

Gluten Friendly

Non-Dairy Friendly

\* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness.



## Gabe's Kitchen and Tavern

# Lunch

**Lunch Served** Weekdays 11am-4pm Saturdays 2pm-4pm

## **HANDHELDS**

All sandwiches come with choice of: Fries, Fresh Fruit, Cottage Cheese, Mac N Cheese, or Seasonal Vegetable Gluten Friendly Lettuce Wraps Available

BUCKY'S CHOPPED STEAK 17 L L Chopped Beef, Sauteed Onion, Queso, Lettuce, Tomato, Onion, Hoagie, Coleslaw

**¹**♥ ● JORDY BURGER 14 American and Cheddar, Fried Onions, Johnston Bakery Hardroll

FRENCH DIP 15 Braised Beef, Swiss, Provolone, Au Jus, Hoagie Bun

**▶ ™ ™ BEER CAN CHICKEN WRAP 14** Beer Can Chicken, Bacon, Lettuce, Tomato, Cheddar, Spicy Ranch, Flour Tortilla

**BLUEGILL SANDWICH 15** 

Beer Battered Bluegill, Coleslaw, Tartar, Tomato, American Cheese, Marble Rye Bread

**18** THE ELLSWORTH CURD BURGER 18 1/3 Pound Patty, Braised Brisket, Ellsworth White Cheddar Curds, Carmelized Onions, Queso, Johnston Bakery Hardroll

**CAPRESE MELT 14**Grilled Steak Tomato, Sliced Mozarella, Balsamic, Basil, Toasted Sourdough

### TWO FOR \$25 DEAL

Chef created lunch specials for 2 people available during weekday lunches. Offer includes 2 Half Sandwiches, 2 Cups of soup, 2 Salads, and 2 Fountain Sodas

Available Tuesday-Friday 11am-4pm

## SATURDAY BRUNCH **AND SUNDAY BRUNCH**

Off-Menu Brunch

Available: Saturdays 10am-2pm 9am-2pm Sundays

### ROUND FOR THE KITCHEN 15

A post-shift round of drinks for the hard-working folks in the back. Listen for the cheers!

## **WEEKLY SPECIALS**

#### TUESDAY BEEF TIPS

Premium Beef Tips in Brown Gravy, Mushrooms Served over Yukon Mashed or Cavatappi Noodles Available after 4pm

#### KETO WEDNESDAYS

Weekly Dinner Special following ketogenic criteria, high protein, high fat, low sugar, with less than 50 grams of carbs

#### THURSDAY WINE AND PASTA

Weekly Pasta Specialties (available after 4pm) served with House Salad.

Half Priced Bottles of Wine (3-9pm)

## FISH FRY FRIDAY

Available after 3pm Every Friday

Beer battered, choice of potato pancake or fries, served with coleslaw, rye bread and seasonal vegetable

#### BLUEGILL 20

Beer battered, choice of potato pancake or fries, served with coleslaw, rye bread and seasonal vegetable

#### WALLEYE 25

Beer battered, choice of potato pancake or fries, served with coleslaw, rye bread and seasonal vegetable

### FRIDAY COD 22

Beer battered, choice of potato pancake or fries, served with coleslaw, rye bread and seasonal vegetable

**FRIDAY NIGHT FEATURE MP**Weekly Friday Special featuring various fish specially selected for the season and occasion

## SATURDAY NIGHT STEAK NIGHT

#### **▶ \*** SELECT CUT STEAK MP

Chef selected cuts of beef, pork, or lamb available every Saturday night

- House Salad

DIETARY RESTRICTION INFO
Gabe's Wisconsin Kitchen and Tavern, is basically a scratch kitchen. With slight modifications to an item, we can accommodate most diets or restrictions. Our denotations signify that these items are **friendly** to a gluten free, keto, vegetarian (not vegan) or non-dairy diet with a few modifications, without compromising the integrity of the dish. **If your require these modifications**, **please inform your server or bartender**.

**W** Keto Friendly

Gluten Friendly